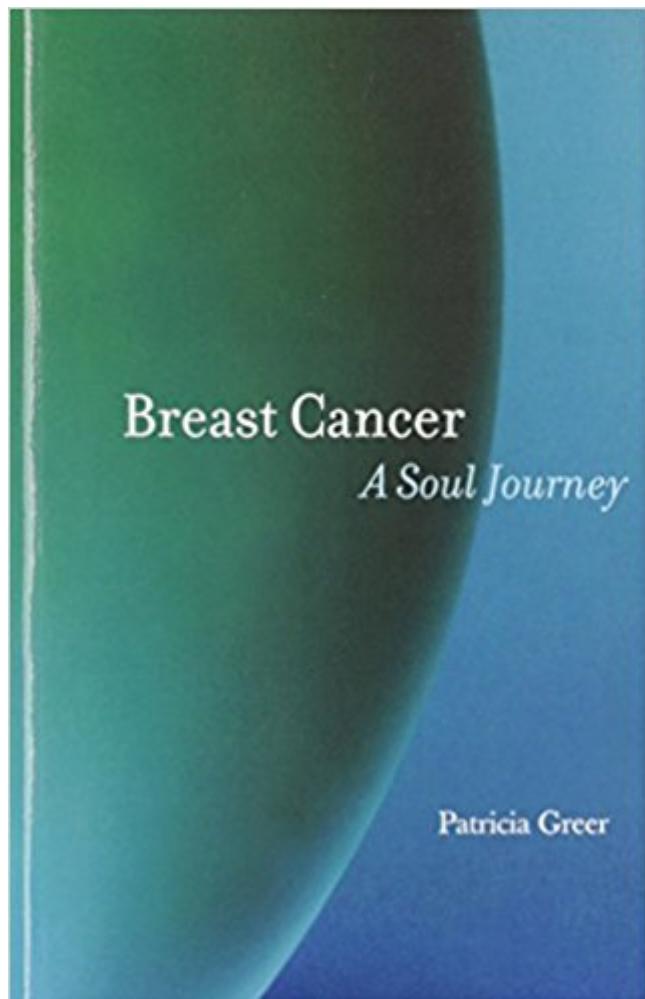


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# Breast Cancer: A Soul Journey



## **Synopsis**

Breast cancer can be a wake-up call for many women. It interrupts our lives and may demand that we pay attention to the way we are living. This book explores associations and images that surround the illness, and offers a possible map for your own soul journey. This is one woman's very personal story, but it touches on universal themes that may resonate with many women. Patricia works with metaphors and meanings that connect to cancer; she uses her dreams, inner journeys, and poetry to probe beneath the literal ordeal of cancer and find greater self-awareness and authenticity.

## **Book Information**

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## **Customer Reviews**

"Women diagnosed with breast cancer often describe the experience as having many layers--physical, emotional, psychological, relational, social, spiritual, and even financial. Considering the experience as a journey of the soul is an opportunity to move beyond the effects of breast cancer and into a more expansive, meaning-making exploration. Patricia's story is a generous gift to all who have experienced breast cancer and felt drawn to a deeper understanding of the point where one's essence and illness intersect. This is definitely a trip you'll be glad you took." --Jeannie Cella, MS, LCPC, executive director of Wellness House "With compassion and intelligence, Patricia Greer offers a readable and generous personal exploration of the potential meanings of breast cancer. Embracing the symbolic attitude of Jungian methods, which activate

and engage unconscious layers of the psyche, she focuses on cancer as a teacher, a metaphoric guide to deeper self-awareness and self-knowledge. This soulful meditation on the healing power of image is a rich, sensitive contribution full of embodied wisdom, evocative language, and transcendent depth. An inspirational book for therapists, patients, and for all women and their families and friends whose lives have been touched by cancer and illness." --Judith Cooper, PsyD, clinical psychologist and Jungian analyst"Patricia Greer creates a profound pathway for those with cancer and their loved ones. She intimately shares the sacred healing capacity of dream and image that she personally experienced during her long journey with cancer. Her image of the single redbud tree resonated for me long after I put the book down. Joining Patricia on her underworld journey with cancer, I too was immersed in a deep experience of navigating the darkest nights of the soul. I am deeply touched by Patricia's work and feel her offering is tending the soul in and of the world." --Stephen Aizenstat, PhD, chancellor and founding president, Pacifica Graduate Institute

Patricia Greer, MA, PhD, is a 29 year survivor of breast cancer. She has written about finding inner meaning and personal growth in her experience of the illness. A psychotherapist and Jungian analyst, she is especially interested in helping women to access and honor their authentic selves, both in her therapeutic work and in her writing.

I can totally relate to her journey of symbols and shamanism and how we can find support for the spiritual side of our healing. I am about to finish my radiation treatment after chemo and surgery. To know that she started writing a year later after finishing treatment is very refreshing and promising for me.

My wife read this book during her workouts on the treadmill during the waiting period of diagnose pre surgery for breast cancer. She keeps going back to it to use the imagery and metaphors of Patricia's journey to quote in her diary and use as mantras to calm her mind. My wife said she was only frustrated because she couldn't dog- ear the pages to keep going back to fast enough! (I bought for on the Kindle)

If you, or someone you love, have breast cancer this beautiful book is a must have. Ms Greer is a survivor, a poet, and a therapist. Her use of image transports and cossets. THANK YOU! I so needed this.

Very well written and met my expectations that this is a journey and I appreciated her sharing her journey which helped me with my own journey

Thumbs up for Patricia Greer . I found healing qualities in this book, so shared it with girlfriends who had experienced Cancer other than Breast Cancer. I found this book resonates with them on different levels as well.

This is a great book relating to breast cancer, a very introspective way to look at the mind body connection

Having gone thru breast cancer treatments I could relate to this book. Parts are out there for me but sure enjoyed it

Not what I was expecting. I put it down after the first chapter.

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